



Event Calendar

April 2025

01 — Tuesday

No events

02 — Wednesday

No events

03 — Thursday

No events

04 — Friday

No events

05 — Saturday

No events

06 — Sunday

No events

07 — Monday

No events

08 — Tuesday

No events

09 — Wednesday

No events

10 — Thursday

No events

11 — Friday

No events

12 — Saturday

No events

13 — Sunday

No events

14 — Monday

No events

15 — Tuesday

No events

16 — Wednesday

18:00 — 20:00 Fuel & Flow #1 - POSTPONED

17 — Thursday

No events

18 — Friday

No events

19 — Saturday

No events

20 — Sunday

No events

21 — Monday

No events

22 — Tuesday

No events

23 — Wednesday

No events

24 — Thursday

No events

25 — Friday

No events

26 — Saturday

No events

27 — Sunday

No events

28 — Monday

No events

29 — Tuesday

No events

30 — Wednesday

18:00 — 20:00 Fuel & Flow #2 - Nutrition for Junior & Open Athletes

May 2025

01 — Thursday

No events

02 — Friday

No events

03 — Saturday

No events

04 — Sunday

No events

05 — Monday

No events

06 — Tuesday

No events

07 — Wednesday

No events

08 — Thursday

No events

09 — Friday

No events

10 — Saturday

No events

11 — Sunday

No events

12 — Monday

No events

13 — Tuesday

No events

14 — Wednesday

18:00 — 20:00 Fuel & Flow #3 - Nutrition for Masters

15 — Thursday

No events

16 — Friday

No events

17 — Saturday

No events

18 — Sunday

No events

19 — Monday

No events

20 — Tuesday

18:00 — 20:00 Fuel & Flow #4 - Sport Injury Prevention

21 — Wednesday

No events

22 — Thursday

No events

23 — Friday

No events

24 — Saturday

No events

25 — Sunday

No events

26 — Monday

No events

27 — Tuesday

No events

28 — Wednesday

18:00 — 20:00 Fuel & Flow #5 - Parent & Coaches Webinar

29 — Thursday

No events

30 — Friday

No events

31 — Saturday

No events

June 2025

01 — Sunday

No events

02 — Monday

No events

03 — Tuesday

No events

04 — Wednesday

No events

05 — Thursday

No events

06 — Friday

No events

07 — Saturday

No events

08 — Sunday

No events

09 — Monday

No events

10 — Tuesday

No events

11 — Wednesday

No events

12 — Thursday

No events

13 — Friday

No events

14 — Saturday

No events

15 — Sunday

09:00 — 11:00 Fuel & Flow #6 - Fitter Futures Workshop 19-26yo

11:30 — 13:30 Fuel & Flow #7 - Fitter Futures Workshop <19yo

16 — Monday

No events

17 — Tuesday

No events

18 — Wednesday

No events

19 — Thursday

No events

20 — Friday

No events

21 — Saturday

No events

22 — Sunday

No events

23 — Monday

No events

24 — Tuesday

No events

25 — Wednesday

No events

26 — Thursday

No events

27 — Friday

No events

28 — Saturday

No events

29 — Sunday

09:00 — 11:00 Fuel & Flow #8 - Fitter Futures Workshop 19-26yo

11:30 — 13:30 Fuel & Flow #9 - Fitter Futures Workshop <19yo

30 — Monday

No events